

75.160 / 77.107
Training / Retraining

U.S. Department of Labor

Mine Safety and Health Administration
604 Cheat Road
Morgantown, West Virginia 26508



g

SEP 16 2004

Mr. James L. Swartz
Superintendent
Anker West Virginia Mining Co., Inc.
22 Hampton Road
Buckhannon, West Virginia 26201

UNDERGROUND MINE FILE	
DATE FWD.	9/16/04
INITIALS	gd

SENT TO AND/OR DISCUSSED WITH FIELD OFFICE:

SURNAME	DATE
REVIEWED BY:	
<i>JK</i>	9/14/04
<i>Johnson</i>	9-14-04
<i>Smith</i>	9-15-04

Dear Mr. Swartz:

Your proposed amendments to your training plans, received on September 10, 2004, for your Sago Mine, I.D. No. ~~46-08791~~, have been reviewed and are approved.

Please attach a copy of the revised amendments to the following approved training plans:

Part 48 Subpart A
Part 48 Subpart B
Part 75
Part 77

Should you have any questions, please contact this office at the above address.

Sincerely,

Kevin G. Stricklin

Kevin G. Stricklin
District Manager

Enclosure

gd

bcc:

✓ Bridgeport Field Office (2)
Main File

me
9/24

MINES SAFETY AND
HEALTH ADMINISTRATION
MORGANTOWN, WV

ANKER WEST VIRGINIA MINING COMPANY INC.

Sago Mine
Rt. 9 Box 507
Buckhannon, WV 26201
Phone 304-473-1676

2004 SEP 10 AM 11:52

RECEIVED

September 8, 2004

Mr. Kevin G. Stricklin, District Manager
Mine Safety Health Administration
605 Cheat Rd.
Morgantown, WV 26508

Dear Mr. Stricklin:

Anker West Virginia Mining Company, Inc. Sago Mine, MSHA I.D.
46-08791 is submitting for your review and approval revised training plan cover sheets
which reflect the addition of James Schoonover, Greyden Wolfe, and Greg Nestor as
instructors.

If you have any questions concerning this matter, please call 304-473-1676.

Sincerely,


James A. Schoonover
Safety Dept.

TRAINING) ↓ FOR
 TRAINING AND RETRAINING PROGRAM FOR UNDERGROUND MINERS
 PART 48 - SUBPART A

1. COMPANY NAME - ANKER WV MINING CO., INC. MINE NAME -
 ADDRESS - RT. 9 BOX 507 SAGO MINE
 BUCKHANNON, WV 26201 MSHA ID NO. - 46-08791

2. PERSON RESPONSIBLE FOR HEALTH AND SAFETY TRAINING AT THE MINE:

James A. Schoonover	SAFETY MANAGER	304-473-1676
NAME	POSITION	TELEPHONE

3. MSHA APPROVED INSTRUCTOR(S)

James A. Schoonover	[6]	IU, MR
Grayden B. Wolfe	[6]	IS, IU
Gregory L. Nestor	[6]	IS, IU

4. PREDICTED DATES AND TIMES OF ANNUAL TRAINING: REGULAR WORKDAYS AND/OR SATURDAYS, CORRESPONDING TO MINERS' EMPLOYMENT OR RETRAINING ANNIVERSARY DATE

5. LOCATION(S) WHERE TRAINING WILL BE GIVEN: SPRUCE FORK MINE NO. 1, BUCKHANNON, WV
 ANKER TRAINING CENTER BUCKHANNON, WV OR UNDERGROUND SECTION

6. APPROXIMATE NUMBER OF MINERS EMPLOYED - 105 MAXIMUM NO. OF TRAINEES PER SESSION - 20 TO 25

7. HAS THE MINERS' REPRESENTATIVE BEEN FURNISHED A COPY OF THE TRAINING PLAN OR HAS IT BEEN POSTED ON THE BULLETIN BOARD TWO WEEKS PRIOR TO SUBMISSION? - POSTED ON BULLETIN BOARD TWO WEEKS PRIOR TO SUBMISSION

FILE NAME: SPRUCE FORK PART 48A

COMPANY OFFICIAL/TITLE

TRAINING PROGRAM FOR UNDERGROUND MINERS
PART 48 - SUBPART B

1. COMPANY NAME - ANKER WV MINING CO., INC. MINE NAME - Sago Mine
ADDRESS - RT. 9 BOX 507
BUCKHANNON, WV 26201 MSHA ID NO. - 46-08791

2. PERSON RESPONSIBLE FOR HEALTH AND SAFETY TRAINING AT THE MINE:

<u>James A. Schoonover</u>	<u>SAFETY MANAGER</u>	<u>304-473-1676</u>
NAME	POSITION	TELEPHONE

3. MSHA APPROVED INSTRUCTOR(S)

<u>James A. Schoonover</u>	<u>[6]</u>	<u>IU, MR</u>
Grayden B. Wolfe	<u>[6]</u>	<u>IU, IS</u>
Gregory L. Nestor	<u>[6]</u>	<u>IU, IS</u>
NAME	SOCIAL SECURITY NOS.	COURSE(S) QUALIFIED TO TEACH

4. PREDICTED DATES AND TIMES OF ANNUAL TRAINING: REGULAR WORKDAYS AND OR SATURDAYS, CORRESPONDING TO MINERS' EMPLOYMENT OR RETAINING ANNIVERSARY DATE.

5. LOCATION(S) WHERE TRAINING WILL BE GIVEN: SPRUCE FORK MINE NO. 1 BUCKHANNON, WV
ANKER TRAINING CENTER BUCKHANNON, WV OR OTHER SURFACE AREAS.

6. APPROXIMATE NUMBER OF MINERS EMPLOYED - 105. MAXIMUM NO. OF TRAINEES PER SESSION - 20 TO 25.

7. HAS THE MINERS' REPRESENTATIVE BEEN FURNISHED A COPY OF THE TRAINING PLAN OR HAS IT BEEN POSTED ON THE BULLETIN BOARD TWO WEEKS PRIOR TO SUBMISSION? - POSTED ON BULLETIN BOARD TWO WEEKS PRIOR TO SUBMISSION

FILE NAME: Spruce Fork 48B

COMPANY OFFICIAL/TITLE

TRAINING PLAN FOR TRAINING AND RETRAINING CERTIFIED AND QUALIFIED PERSONS WORKING AT UNDERGROUND COAL MINES PART 75

1. COMPANY NAME - ANKER WV MINING CO., INC. MINE NAME -
ADDRESS - RT. 9 BOX 507 SAGO MINE
BUCKHANNON, WV 26201 MSHA ID NO. - 46-08791
2. PERSON RESPONSIBLE FOR HEALTH AND SAFETY TRAINING AT THE MINE:

NAME	POSITION	TELEPHONE
James A. Schoonover	SAFETY MANAGER	472-8602
3. MSHA APPROVED INSTRUCTOR(S)

NAME	SOCIAL SECURITY NOS.	COURSE(S) QUALIFIED TO TEACH
James A. Schoonover	[6]	IU, MR
Grayden B. Wolfe	[6]	IU, IS
Gregory L. Nestor	[6]	IU, IS
4. PREDICTED DATES AND TIMES OF ANNUAL TRAINING: REGULAR WORKDAYS AND/OR SATURDAYS, CORRESPONDING TO MINERS' EMPLOYMENT OR RETRAINING ANNIVERSARY DATE
5. LOCATION(S) WHERE TRAINING WILL BE GIVEN: SPRUCE FORK MINE NO. 1, BUCKHANNON, WV 26201
ANKER TRAINING CENTER BUCKHANNON, WV OR UNDERGROUND SECTION
6. APPROXIMATE NUMBER OF MINERS EMPLOYED - 105. MAXIMUM NO. OF TRAINEES PER SESSION - 20 TO 25.
7. NUMBER OF CERTIFIED EMPLOYEES - 37 NUMBER OF QUALIFIED EMPLOYEES - 59
8. HAS THE MINERS' REPRESENTATIVE BEEN FURNISHED A COPY OF THE TRAINING PLAN OR HAS IT BEEN POSTED ON THE BULLETIN BOARD TWO WEEKS PRIOR TO SUBMISSION? - POSTED ON BULLETIN BOARD TWO WEEKS PRIOR TO SUBMISSION

COMPANY OFFICIAL/TITLE

TRAINING PLAN FOR TRAINING AND RETRAINING CERTIFIED AND QUALIFIED PERSONS WORKING AT SURFACE COAL MINES

PART 77

1. COMPANY NAME - ANKER WV MINING CO., INC. MINE NAME - SAGO MINE
ADDRESS - RT. 9 BOX 507
BUCKHANNON, WV 26201 MSHA ID NO. - 46-08791
2. PERSON RESPONSIBLE FOR HEALTH AND SAFETY TRAINING AT THE MINE:

NAME	SAFETY MANAGER	TELEPHONE
James A. Schoonover		304-473-1676
3. MSHA APPROVED INSTRUCTOR(S)

NAME	POSITION	SOCIAL SECURITY NOS.	COURSE(S) QUALIFIED TO TEACH
James A. Schoonover		[6]	IU, IS
Greyden B. Wolfe		[6]	IU, IS
Gregory L. Nestor		[6]	IU, IS
4. PREDICTED DATES AND TIMES OF ANNUAL TRAINING: REGULAR WORKDAYS AND/OR SATURDAYS, CORRESPONDING TO MINERS' EMPLOYMENT OR RETRAINING ANNIVERSARY DATE
5. LOCATION(S) WHERE TRAINING WILL BE GIVEN: SPRUCE FORK MINE NO. 1, BUCKHANNON, WV.
ANKER TRAINING CENTER BUCKHANNON, WV OR WORK AREA.
6. APPROXIMATE NUMBER OF MINERS EMPLOYED - 105. MAXIMUM NUMBER OF TRAINEES PER SESSION - 20 TO 25
7. NUMBER OF CERTIFIED EMPLOYEES - 37 NUMBER OF QUALIFIED EMPLOYEES - 59
8. HAS THE MINERS' REPRESENTATIVE BEEN FURNISHED A COPY OF THE TRAINING PLAN OR HAS IT BEEN POSTED ON THE BULLETIN BOARD TWO WEEKS PRIOR TO SUBMISSION? - POSTED ON BULLETIN BOARD TWO WEEKS PRIOR TO SUBMISSION

FILE NAME: Spruce Fork Part 77 Cover Sheet

COMPANY OFFICIAL/TITLE

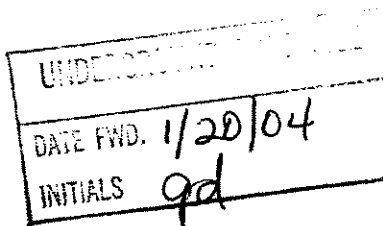
U.S. Department of Labor

Mine Safety and Health Administration
604 Cheat Road
Morgantown, West Virginia 26508



JAN 20 2004

Mr. Jeff P. Kelley
VP of Operations
Anker West Virginia Mining
Co., Inc.
22 Hampton Road
Buckhannon, West Virginia 26201



SENT TO AND/OR DISCUSSED WITH FIELD OFFICE:

SURNAME	DATE
REVIEWED BY:	
Johnson	1-14-04

Dear Mr. Kelley:

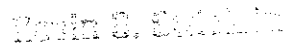
Your proposed training plans, received on November 24, 2003, have been reviewed and are hereby approved for your Sago Mine, I.D. No. 46-08791. You may begin using the enclosed plans, as listed, effective this date:

Part 48 Subpart A
Part 48 Subpart B
Part 75
Part 77

You are reminded that all changes or revisions to your approved training plans must be submitted as an amendment and approved in writing by the District Manager before they are implemented.

Should you have any questions, please contact this office at the above address.

Sincerely,

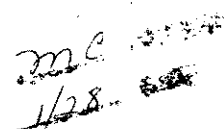

Kevin G. Stricklin
District Manager

Enclosure

JJ:gd

bcc:

✓ Bridgeport Field Office (2)
Main File



TRAINING PLAN FOR
TRAINING AND RETRAINING PROGRAM FOR UNDERGROUND MINERS
PART 48 - SUBPART A

MINE SAFETY AND
HEALTH ADMINISTRATION
MORGANTOWN, WV

02-24-03
11

2003 NOV 24 PM 1:09

1. COMPANY NAME - ANKER WV MINING CO., INC. MINE NAME -
ADDRESS - RT. 9 BOX 507 SAGO MINE
BUCKHANNON, WV 26201 MSHA ID NO. - 46-08791

RECEIVED

2. PERSON RESPONSIBLE FOR HEALTH AND SAFETY TRAINING AT THE MINE:

JOHN B. STEMPLE JR. SAFETY MANAGER 472-8602
NAME POSITION TELEPHONE

3. MSHA APPROVED INSTRUCTOR(S) SOCIAL SECURITY NOS. COURSE(S) QUALIFIED TO TEACH
JOHN B. STEMPLE JR. [6] IU, IS

4. PREDICTED DATES AND TIMES OF ANNUAL TRAINING: REGULAR WORKDAYS AND/OR SATURDAYS, CORRESPONDING TO MINERS' EMPLOYMENT OR RETRAINING ANNIVERSARY DATE
5. LOCATION(S) WHERE TRAINING WILL BE GIVEN: SPRUCE FORK MINE NO. 1, BUCKHANNON, WV
ANKER TRAINING CENTER BUCKHANNON, WV OR UNDERGROUND SECTION
6. APPROXIMATE NUMBER OF MINERS EMPLOYED - 105 MAXIMUM NO. OF TRAINEES PER SESSION - 20 TO 25
7. HAS THE MINERS' REPRESENTATIVE BEEN FURNISHED A COPY OF THE TRAINING PLAN OR HAS IT BEEN POSTED ON THE BULLETIN BOARD TWO WEEKS PRIOR TO SUBMISSION? - POSTED ON BULLETIN BOARD TWO WEEKS PRIOR TO SUBMISSION

FILE NAME: SPRUCE FORK PART 48A

COMPANY OFFICIAL/TITLE



TRAINING PLAN FOR 48.5 TRAINING PROGRAM FOR NEW UNDERGROUND MINERS

HOURS	SUBJECT	OBJECTIVE	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
	Rights of miners; Authority and Responsibility of Supervisors	Instruction in the statutory rights of miners and their representatives under the Act; including a discussion of Section 2 of the Act; a review and description of the line of authority of supervisors and miners' representatives and the responsibility of such supervisors and miners' representatives; and an introduction to the operators' rules and the procedures for reporting hazards.	Lecture	Company rules and procedures, 30 CFR Part 75 Section 2 of the Act	Written test or question and answer session
	Self-Rescuer and respiratory devices	Miner will possess knowledge to the satisfaction of the instructor of the proper use, care and maintenance and storage of self-rescuers and respirator devices used at the mine. Such instruction shall be given before going underground. 3+3 donning method.	Lecture demonstrations and visual aids	Manufacturer's instructions, self rescuer and respiratory devices	Verbal quiz and/or demonstration
	Entering and Leaving mine; Transportation Communication	Instruction on the procedures in effect for riding on and in mine conveyances where applicable; the controls for miners and materials; and the use of mine communication systems, warning signals, and directional signs. Also instruction on check in and out and entering and leaving the mine.	Lecture	30 CFR Part 75 company plans and policies, check in-check out system and State Law	Question and answer session
	Introduction to the work environment	A visit and tour of the mine, or portion of the mine and the method of mining or operation utilized shall be observed and explained.	Activities Observations	Actual operation with lecture	Verbal questions and answers
	Mine Map; Escapeways; Emergency evacuations; Barricading	The instructor will review the mine map; escapeway system, the escapeway firefighting and emergency evacuation plans; location of abandoned areas, methods of barricading and location of barricading materials.	Lecture with visual aids	Company Mine Map approved Evacuation Plan, Firefighting equipment	Questions and Answers
	Roof or Ground Control & Ventilation Plans	The miner will be instructed and have an understanding of the roof control plan. Ground Control Plan, Ventilation Plan and procedures for maintaining and controlling them to the satisfaction of the instructor	Lecture with visual aids	MSHA approved Roof and Ground, Control, Ventilation Plan, Ventilation measuring devices	Written test or question and answer session

TRAINING PLAN FOR
48.5 TRAINING PROGRAM FOR NEW UNDERGROUND MINERS

HOURS	SUBJECT	OBJECTIVE	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
	Health	Instruction on the purpose of taking dust measurements, where applicable, and noise and other health measurements, and any health control plan in effect at the mine shall be explained. The health provisions of the Act and warning labels shall also be explained.	Lecture with visual aids	30 CFR Part 70 Company Health Plan, Dust Control Plan, The Act	Questions and answers
	Clean-up; Rock Dusting	The purpose and importance of rock dusting and the clean-up program will be explained to the miner	Lecture	Clean-up and Rock Dusting, Subpart E Part 75	Questions and answers
	Hazard Recognition	Recognition and avoidance of hazards. Emphasis on explosives use and storage.	Lecture with visual aids	Mine accident reports Company safety rules and procedures, Citations, Subpart N Part 75	Questions and answers
	Electrical Hazards	Instruction in the recognition and avoidance of electrical hazards	Lecture with visual aids	Mine electrical accident reports, 30 CFR Part 75, Citations, Orders	Questions and answers
	First Aid	The miner will be trained and shall understand MSHA accepted first aid methods, also basic principles of first aid.	Lecture with visual aid demonstration	MSHA approved instructors first-aid book, Life saver instruction guidelines	Written test and/or question/answer session

TRAINING PLAN FOR
48.5 TRAINING PROGRAM FOR NEW UNDERGROUND MINERS

HOURS	SUBJECT	OBJECTIVE	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
	Mine Gases	Miners will be trained and shall understand to the satisfaction of the instructor the detection and avoidance of hazards associated with mine gases.	Lecture with visual aids	30 CFR Part 75 Company policy and detection instruments	Written test and/or question/answer session
	Explosives	Instruction of the hazards related to explosives	Lecture with visual aids	30 CFR Part 75	Written test or question and answer session
	Health and Safety Aspects of the task	Miner will be trained and shall understand to the satisfaction of the instructor the health and safety aspects of the task to be assigned, the safe work procedures of such tasks and the mandatory health and safety standards pertinent to such tasks. Including information about the physical and health hazards in the miner's work area, the protective measures a miner can take against these hazards, and the contents of the mine's HAZCOM program.	Lecture with visual aids	30 CFR Part 70 & 75 HAZCOM program	Written test and/or question/answer session
	Extended Cuts with Remote Control Continuous Mining Machine	To ensure that emphasis of safeguards required due to extended-cut mining and proper operation and maintenance of the special equipment used to make these cuts.	Lecture with visual aids and discussions	Roof-Control Plan, Ventilation Plan, and Accident Reports	Verbal Assessment

Each new miner shall receive no less than 40-hours of training as prescribed in this section before such miner is assigned to work duties, of which at least 8 hours will be at the mine site.

FILE NAME: Spruce Fork 48.5

PART 48 A TRAINING PLAN
UNDERGROUND - NEWLY EMPLOYED EXPERIENCED MINERS (48.6)

HOURS	SUBJECT	OBJECTIVE	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
	Introduction to the work environment	To visit and tour the mine. The methods of mining or operations utilized at the mine shall be observed and explained	Lecture with onsite tour	Tour of the mine environment and equipment	Written test or question/answer session
	Mandatory health and safety standards	The miner will be trained in the mandatory health and safety methods pertinent to the task to be assigned	Lecture and/or demonstration	30CFR Part 70 & 75 Operators rules & policies	Written test and/or question/answer session
	Authority & Responsibility of supervisors and miners' representatives	The instructor will review and describe the line of authority of supervisors and the open door policy, the responsibility of supervisors and miners, and an introduction to the operators' rules and procedures for reporting hazards.	Lecture, discussion	Company rules and policies - company line of authority of hazard reporting procedures, The Act	Question/answer session
	Entering and leaving mine, transportation, communication	The miner will identify the procedure in effect for entering and leaving the mine; the check-in and check-out system in effect at the mine; riding in and working around mine conveyances; the controls in effect for the transportation of miners and materials; the use of communications systems, warning signals and directional signs.	Mine tour, lecture	Operators plans, procedures and policies check-in, check-out policy, Part 75	Question/answer session
	Extended Cuts with Remote Control Continuous Mining Machine	To ensure that emphasis of safeguards required due to extended-cut mining and proper operation and maintenance of the special equipment used to make these cuts.	Lecture with visual aids and discussions	Rock-Control Plan, Ventilation Plan, and Accident Reports	Verbal Assessment
	Prevention of accidents	The instructor will review of the general causes of accidents applicable to the mine environment, causes of specific accidents, and accident prevention.	Lecture with visual aids and discussions	Accident reports visual aids.	Verbal Assessment
	Emergency Medical Procedures	The miner will be instructed as to where the mine's first aid equipment and supplies are located.	Lecture and discussion	Operator plans, maps	Verbal assessment
	Health	The miner will be instructed on the purpose of dust, noise and other health measurements, where needed and explain any necessary warning labels.	Lecture and discussion	Operator plans	Verbal assessment

NOTE: The miner will be instructed in the health and safety aspects of the tasks assigned, including the safe work procedures of such task, information about the physical and health hazards of chemicals in the miner's work area, the protective measures the miner can take against these hazards, and the contents of the mine's HAZCOM program. Course material may vary to produce the most effective results

FILE NAME: Spruce Fork 48.6

PART 48 A TRAINING PLAN
UNDERGROUND - NEWLY EMPLOYED EXPERIENCED MINERS (48.6)

HOURS	SUBJECT	OBJECTIVE	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
	Mine Map; Escapeways; Emergency evacuations; Barricading	The instructor will review the mine map; escapeway system; the escapeway firefighting and emergency evacuation plans; location of abandoned areas, methods of barricading and location of barricading materials. Location and use of firefighting equipment.	Lecture, mine tour, discussion	Company mine map MSHA approved evacuation and escape plans, Firefighting materials	Questions and answers and/or demonstration
	Roof & rib control and Ventilation Plans	The miner will be instructed in and have an understanding of the roof and rib control plan, ventilation plan and procedures for maintaining and controlling them. Instructor will review safety rules related to roof and rib and ventilation, procedures for maintaining and controlling ventilation.	Lecture with visual aids. Mine tour.	MSHA approved Roof Control - Rib Control - Ventilation Plan - Ventilation measuring devices, visual aids	Written test or question and answer session
	Hazard Recognition	Miner will be able to recognize and avoid potential hazards in the work area. Safe work instructions to avoid injury. Miner will know hazards of explosives, proper handling, use and storage of explosives	Lecture Discussion	Mine Accidents Citations, Manufacturer's Safety precautions part 75 subpart N, Manufacturers safety precautions	Verbal quiz
	Self-Rescuer and respiratory devices	Miner will possess knowledge to the satisfaction of the instructor of proper use, care and maintenance of self-rescuers and respirator devices used at the mine. Such instruction shall be given before going underground. Storage locations, SCSR complete donning procedure.	Lecture, demonstrations and visual aids	SCSR Training models and/or visual aids, company policy, Storage plan if applicable, Manufacturers specs.	Verbal quiz and/or demonstration

PART 48 A TRAINING PLAN
UNDERGROUND - NEWLY EMPLOYED EXPERIENCED MINERS (48.6)

HOURS	SUBJECT	OBJECTIVE	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
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NOTE: Course material may vary to produce the most effective results

FILE NAME: Spruce Fork 48.6

PART 48 A TRAINING PLAN
UNDERGROUND NEW TASK TRAINING(48.7)

TASK	CONDUCTED BY (JOB TITLE)	METHODS AND MATERIALS FOR INSTRUCTION IN SAFE OPERATING PROCEDURES	PERIOD OF PRACTICE AND/OR SUPV. OPER.	EVALUATION METHODS
Continuous Miner Operator	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Shuttle Car Operator	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Roof Bolter Operator	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Roof Bolter Helper	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Scoop Operator	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Motorman	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Mantrip Operator	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration

PART 48 A TRAINING PLAN
UNDERGROUND NEW TASK TRAINING(48.7)

TASK	CONDUCTED BY (JOB TITLE)	METHODS AND MATERIALS FOR INSTRUCTION IN SAFE OPERATING PROCEDURES	PERIOD OF PRACTICE AND/OR SUPV. OPER.	EVALUATION METHODS
Feeder	Supervisor experienced in task or experienced operator or qualified trainer	and shall include demonstration and supervised practice during nonproduction and production periods. Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Track Pod Duster	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Dispatcher	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Mechanic	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Beltperson	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Mason	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
7 al if	Supervisor experienced in task or experienced	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration

PART 48 A TRAINING PLAN
UNDERGROUND NEW TASK TRAINING(48.7)

TASK	CONDUCTED BY (JOB TITLE)	METHODS AND MATERIALS FOR INSTRUCTION IN SAFE OPERATING PROCEDURES	PERIOD OF PRACTICE AND/OR SUPV. OPER.	EVALUATION METHODS
	operator or qualified trainer	the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	as determined by the supervisor or instructor	
Surveyor	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Trackman	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Timberman	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Shofflir	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
New or Modified Equipment	Supervisor experienced in task or experienced operator or qualified	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures which require new or different operating procedures, practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Person who directs or controls operations at the mine	Supervisor experienced in task or experienced operator or qualified trainer	Using ventilation plan, firefighting procedures, and emergency evacuation procedures & mine map the person will be instructed in these plans and procedures in effect at this mine before performing duties.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration

PART 48 A TRAINING PLAN
UNDERGROUND NEW TASK TRAINING(48.7)

TASK	CONDUCTED BY (JOB TITLE)	METHODS AND MATERIALS FOR INSTRUCTION IN SAFE OPERATING PROCEDURES	PERIOD OF PRACTICE AND/OR SUPV. OPER.	EVALUATION METHODS
Extended Cuts with Remote Control Continuous Mining Machines	Supervisor experienced in task or experienced operator or qualified trainer	Using Ventilation Plan, Roof Control Plan, and accident reports to ensure that emphasis of safeguards required due to extended-cut mining and proper operation and maintenance of operation and maintenance of the special equipment used to make these cuts	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration

Miners assigned to a new task not covered in 48.7 (a) shall be instructed in the Safety & Health aspects & safe work procedures of the task, prior to performing such task. Miners assigned a new task not covered in paragraph (a) of this section shall be instructed in the safety and health aspects and safe work procedures of the task, including information about the physical and health hazards of chemicals in the miner's work area, the protective measures a miner can take against these hazards, and the contents of the mine's HAZCOM program, prior to performing such task. Any person who controls or directs operations at a mine shall receive and complete training courses in safe haulage procedures related to the haulage system and ventilation plan, firefighting procedures and emergency evacuation procedures in effect at the mine before assignment to such duties.

FILE NAME: Spruce Fork 48.7

PART 48 A TRAINING PLAN
ANNUAL REFRESHER TRAINING FOR UNDERGROUND MINERS (48.8)

HOURS	SUBJECT	OBJECTIVE	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
0.25	Mandatory Health and Safety Standards	Miner will identify the health and safety aspects of the tasks to which the workers will be assigned.	Lecture, Discussion Computer Module	30 CFR Part 70 Company rules & policies,	Written test or question/answer session
0.25	Transportation controls and communication systems	Instruction on the procedures in effect for riding on and in mine conveyances; the controls for the transportation of miners and materials; and the use of the mine communication systems, warning signals and directional signals.	Lecture, Discussion Computer Module	Company procedures and policies	Written test or question/answer session
0.50	Mine maps, escapeways and barricading	The miner will be instructed and shown current mine maps and the escapeway systems for such abandoned areas. Miner will be instructed in proper barricading and firefighting procedures and in the location of barricading materials and location of abandoned areas.	Lecture, Discussion, visual aids Computer Module	Mine maps, MSHA approved escapeways & evacuation plans, abandoned areas, fire fighting materials	Written test or question/answer session
0.5	Roof control & ventilation plans; firefighting areas; night work	The miner will be instructed in and have an understanding of the roof control plan, ventilation plan and procedures for maintaining and controlling them to the satisfaction of the instructor. Miner will identify the proper procedures in the use and inspection of firefighting materials.	Lecture with visual aids Computer Module	MSHA approved Roof Control, Ventilation Fire Fighting and Evac. plans. Company policies and rules	Written test or question/answer session
2.5	First Aid	The miner will be instructed to a review of first aid methods.	Lecture, demonstration Computer Module	First aid supplies and visual aids	Oral response and/or demonstration question/answer session
0.25	Electrical Hazards	Instruction on recognition and avoidance of electrical hazards.	Lecture with visual aids Computer Module	Operator safety procedures and/or visual aids and mine electrical accidents and citations	Written test or question/answer session
0.5	Prevention of Accidents	The miner will be instructed on mine related accidents, the causes of accidents and procedures in accident prevention.	Lecture with visual aids Computer Module	Operator safety procedures, visual aids and/or mine accidents	Written test or question/answer session
0.25	Explosives	The miner will be instructed on mine related accidents, the causes of accidents and procedures in accident prevention relate to explosives.	Lecture with visual aids Computer Module	30 CFR Part 75, company policy, visual aids	Written test or question/answer session
1.00	Mine gases	The miner will be instructed in the importance of the requirements for testing of gases and the appropriate	Lecture, discussion and/or	Gas detecting devices and/or visual aids and	Written test or oral response

PART 48 A TRAINING PLAN

ANNUAL REFRESHER TRAINING FOR UNDERGROUND MINERS (48.8)

HOURS	SUBJECT	OBJECTIVE	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
		of gas hazards.	demonstration Computer module	flame safety lamp	
0.25	Health	Instruction on the purpose of taking dust measurements, and noise and other health measurements and any health control plan in effect at the mine will be explained. The health provisions of the Act and warning labels and HAZCOM program shall also be explained.	Lecture with visual aids Computer Module HAZCOM program	30 CFR Part 70 The Act, Health plan in effect HAZCOM program	Written test or oral response
.75	Self-Rescuer and respiratory devices	Training in the SCSR will include visual inspection, operation instructions, complete donning procedures in which each miner will properly assume a donning position, open and activate the SCSR, insert mouthpiece or simulate this task while explaining proper insertion an putting on the nose clip. The miner will also understand the location of SCSRs and the storage plan. The miner will understand the use, care and maintenance of the SCSR and respiratory devices.	Demonstration, lecture	Manufacturer's instructions, Respiratory and Self-rescue devices	Written test or question/answer session
0.25	Rights of miners; authority & responsibility of supervisors	Miner will become familiar with their rights, authority and responsibility of each mine official and miner representative, know the procedure for reporting hazards, discuss section 2 of the Act, and review of operators policies.	Lecture, discussion Computer Module	Operators policy, FMSHHA77, Section 2 of the Act and 30 CFR	Written test or oral response
0.25	Petitions for Modifications	To make miners familiar with the final decision and order of the following petitions: M-97-039-C	Discussion lecture	Copy of Petition for Modification	Oral response, and discussion
0.25	Extended cuts with remote control continuous mining machines	To ensure that emphasis on safeguards required due to extended-cut mining and proper operation and maintenance of the special equipment used to make these cuts.	Lecture, discussion Computer Module	Roof control plan, ventilation plan, accident reports,	Written test or oral response Verbal assessment

PART 48 A TRAINING PLAN
ANNUAL REFRESHER TRAINING FOR UNDERGROUND MINERS (48.8)

HOURS	SUBJECT	OBJECTIVE	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
0.25	HazCom	The miner will be instructed on mine related hazardous materials, MSDS information and its locations, labeling, list of hazardous chemicals. 1. Course material may vary to produce the most effective results. 2. Each miner will receive a minimum of 8 hours of refresher training annually.	Lecture with visual aids Computer Module	MSDS sheets, company policy, visual aids	Written test or question/answer session

FILE NAME: Spruce Fork (48.8)

TRAINING PLAN FOR
HAZARD TRAINING (48.11)

HOURS	SUBJECT	OBJECTIVE	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
	Hazard Recognition and avoidance	Recognition and avoidance of hazards.	Lecture, visual aids	Company policies and rules	Question and answer session
	Health and Safety Standards, Safety Rules & Working Procedures	Mandatory Health & Safety standards pertinent to assigned task. Safety rules & safe work procedures, Checkin/Checkout procedures	Lecture, visual aids	Company policies and rules Part 75	Question and answer session
	Emergency Evacuation Procedures	Review of mine map and escapeway system.	Lecture, visual aids	Company policies and rules, MSHA approved plan.	Question and answer session
	Self Rescue & Respiratory devices	Use, care, location & storage areas. Complete donning procedure.	Lecture, visual aids	Self rescuer and respiratory devices, SCSR	Question and answer session

FILE NAME: Spruce Fork 48.11

TRAINING PLAN FOR
TRAINING AND RETRAINING PROGRAM FOR UNDERGROUND MINERS
PART 48 - SUBPART B

MINE SAFETY AND
HEALTH ADMINISTRATION
MORGANTOWN, WV

2003 NOV 24 PM 1:10

11-24-03

1. COMPANY NAME - ANKER WV MINING CO., INC. MINE NAME -
ADDRESS - RT. 9 BOX 507 Sago Mine
BUCKHANNON, WV 26201 MSHA ID NO. - 46-08791

RECEIVED

2. PERSON RESPONSIBLE FOR HEALTH AND SAFETY TRAINING AT THE MINE:

NAME	POSITION	TELEPHONE
JOHN B. STEMPLE JR.	SAFETY MANAGER	472-8602

3. MSHA APPROVED INSTRUCTOR(S)
JOHN B. STEMPLE JR. [6] SOCIAL SECURITY NOS. COURSE(S) QUALIFIED TO TEACH
IU, IS

4. PREDICTED DATES AND TIMES OF ANNUAL TRAINING: REGULAR WORKDAYS AND OR SATURDAYS, CORRESPONDING
TO MINERS' EMPLOYMENT OR RETAINING ANNIVERSARY DATE.

5. LOCATION(S) WHERE TRAINING WILL BE GIVEN: SPRUCE FORK MINE NO. 1 BUCKHANNON, WV
ANKER TRAINING CENTER BUCKHANNON, WV OR OTHER SURFACE AREAS.

6. APPROXIMATE NUMBER OF MINERS EMPLOYED - 105. MAXIMUM NO. OF TRAINEES PER SESSION - 20 TO 25.

7. HAS THE MINERS' REPRESENTATIVE BEEN FURNISHED A COPY OF THE TRAINING PLAN OR HAS IT BEEN POSTED ON THE BULLETIN BOARD
TWO WEEKS PRIOR TO SUBMISSION? - POSTED ON BULLETIN BOARD TWO WEEKS PRIOR TO SUBMISSION

FILE NAME: Spruce Fork 48B


COMPANY OFFICIAL/TITLE

48-B SURFACE - NEW MINER TRAINING (48.25)

HOURS	SUBJECT	OBJECTIVE	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
	Rights of miners; Authority and Responsibility of Supervisors	Instruction in the statutory rights of miners and their representatives under the Act; including a discussion of Section 2 of the Act; a review and description of the line of authority and the responsibility of such supervisors and miners' representatives; and an introduction to the operators' rules and the procedures for reporting hazards	Lecture	Section 2 of Act, company rules and policies, 30 CFR Part 77	Written test or question/answer session
	Self-Rescuer and respiratory devices	Instruction and demonstration in the use, care, and maintenance of self-rescuer and respiratory devices. Also include the storage and location of such devices.	Lecture with visual aids.	Self Rescuer and Respiratory Devices	Written test or question/answer session
	Transportation controls and communications systems	Instruction on the procedures in effect for riding in and on mine conveyances where applicable; miners and materials; and the use of mine communication systems, warning signals and directional signs.	Lecture, Discussion	30 CFR 77 and company policy, plans or procedures and state laws	Written test or question/answer session
	Introduction to the work environment	A visit and tour of the mine, or portions of the mine and the method of mining or operation utilized shall be observed and explained.	Tour of the mine	Tour of the mine with lecture	Written test or question/answer session
	Escapeway & Emergency Evacuation; Fire warning & firefighting	Review of the mine escape system, and escape and emergency evacuation plans in effect at the mine; and instruction in the fire warning signals and fire fighting procedures.	Lecture with visual aids	MSHA approved escapeway and evacuation plan. Firefighting Equip.	Written test or question/answer session
	Ground control; working in areas of highwalls, water hazards, pits and spoil banks, illumination and night work	Introduction to and instruction on the highwall and ground control plans in effect at the mine; procedures for working safely in areas of highwalls, water hazards, pits and spoil banks, the illumination of work areas and safe work procedures during the hours of darkness.	Lecture with visual aids	MSHA approved Ground control plans, operator procedures	Written test or question/answer session
	Health	Instruction on the purpose of taking dust measurements, and noise and other health measurements and any health control plan in effect at the mine will be explained. The health provisions of the Act and warning labels shall also be explained.	Lecture with visual aids	Operator procedures, health plans in effect, 30 CFR Part 71	Written test or question/answer session

48-B SURFACE - NEW MINER TRAINING (48.25)

HOURS SUBJECT	OBJECTIVE	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
Hazard Recognition	Instruction on recognition and avoidance of hazards, emphasis on explosives use and storage.	Lecture with visual aids	Operator safety procedures, mine accidents & citations, visual aids.	Written test or question/answer session
Electrical Hazards	Instruction on recognition and avoidance of electrical hazards.	Lecture with visual aids	Electrical accidents and citations, company safety policy	Written test or question/answer session
First Aid	Instruction and/or demonstration on MSHA approved first aid methods.	Lecture, demonstration	First aid supplies and visual aids	Oral response and/or demonstration
Explosives	Review and instruction on the hazards relating to explosives and the proper handling and storage of explosives.	Lecture, discussion, visual aids	Accident reports, manufactures recommendations	Written test or question/answer session
Health and safety aspects of the task to which the new miner will be assigned.	Instruction on the health and safety aspects of the tasks to be assigned, the safe procedures of such tasks and the mandatory safety and health standards related to such tasks. Including information about about the physical and health hazards of chemicals in the miner's work area, the protective measures a miner can take against these hazards, and the contents of the mine's HAZCOM prog.	Lecture, discussion, visual aids	Operator safety procedures and/or visual aids, CFR Title 30 Parts 71 & 77 HAZCOM program	Written test or question/answer session

NOTE:

1. Each newly hired inexperienced miner will receive a minimum of 24-hours training.
 2. Course material may vary to produce the most effective results.
 3. New miners will receive at least 8 hours of training before being assigned work duties. The remainder of the required 24 hours of training will be completed within 60 days. *
- * Due to the small number of persons required we are requesting permission to utilize this section of the requirements.

FILE NAME: Spruce Fork / Surface - New Miner Training 48.25

PART 48-B TRAINING PLAN FOR SURFACE
NEWLY EMPLOYED EXPERIENCED MINERS (48.26)

HOURS	SUBJECT	OBJECTIVE	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
	Introduction to the work environment	To visit and tour the mine. The methods of mining or operations utilized at the mine shall be observed and explained.	Lecture, Discussion, Tour	Tour of the mine site and pertinent equipment	Written test or question/answer session
	Mandatory health and safety standards	Instruction in the mandatory health and safety standards pertinent to the tasks to be assigned	Lecture, Discussion	Parts of 30 CFR 71 & 77	Written test or question/answer session
	Authority and responsibility of supervisors and miners' representatives	A review and description of the line of authority of supervisors and miners' representatives and responsibility of such supervisors and miners' representatives; and an introduction to the operator's rules and the procedures for reporting hazards.	Lecture, Discussion	Company rules and policies; the ACT, Hazard reporting procedures	Written test or question/answer session
	Transportation controls and communications systems	Instruction on the procedures in effect for riding in and on mine conveyances; the controls for the transportation of miners and materials; and the use of mine communication systems, warning signals and directional signs.	Lecture, Discussion and/or Demonstration	Company policies, plans and procedures	Written test or question/answer session
	Escapeway & Emergency Evacuation; Fire warning & firefighting	Review of the mine escape system, and escape and emergency evacuation plans in effect at the mine; and instruction in the fire warning signals and fire fighting procedures.	Lecture with visual aids	MSHA approved escapeways and evacuation plan, firefighting equipment	Written test or question/answer session
	Ground control; highwalls, water hazards, spoil bank areas; night work	Introduction to and instruction on the highwall and ground control plans in effect at the mine; procedures for working safely in areas of highwalls, water hazards, pits and spoil banks, the illumination of work areas and safe work procedures during the hours of darkness.	Lecture with visual aids	MSHA approved Ground control plan and 30 CFR Part 77	Written test or question/answer session
	Hazard Recognition	Instruction on recognition and avoidance of hazards.	Lecture with visual aids	Operator safety procedures, mine accidents & citations,	Written test or question/answer session
	Prevention of accidents	The instructor will review of the general causes of accidents applicable to the mine environment, causes of specific accidents, and accident prevention.	Lecture with visual aids and discussions	Accident reports visual aids.	Verbal Assessment
	Emergency Medical Procedures	The miner will be instructed as to where the mine's first aid equipment and supplies are located.	Lecture and discussion	Operator plans, maps	Verbal assessment

PART 48-B TRAINING PLAN FOR SURFACE
NEWLY EMPLOYED EXPERIENCED MINERS (48.26)

HOURS	SUBJECT	OBJECTIVE	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
	Health	The miner will be instructed on the purpose of dust, noise and other health measurements, where needed and explain any necessary warning labels.	Lecture and discussion	Operator plans	Verbal assessment
	Health and safety aspects of the tasks to which the experienced miner is assigned	The miner will be trained and shall understand to the satisfaction of the instructor the health and safety aspects of the task to be assigned, the safe work procedures of such task and the mandatory health and safety standards pertinent to such tasks.	Lecture, discussion, demonstration, audio/video, other	MHSA training modules, applicable equipment/tools and task training outline for job	Oral and/or written questions and demonstration

PART 48-B SURFACE TRAINING PLAN
SURFACE: NEW TASK TRAINING (48.27)

TASK	CONDUCTED BY (JOB TITLE)	METHODS AND MATERIALS FOR INSTRUCTION IN SAFE OPERATING PROCEDURES	PERIOD OF PRACTICE AND/OR SUPV. OPER.	EVALUATION METHODS
Frontend Loader Operator	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Highlift Operator	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Mechanic	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Electrician	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Welder	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
New or Modified Equipment	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration	Until miner demonstrates safe operation procedures as determined by the supervisor or	Oral response, demonstration

PART 48-B SURFACE TRAINING PLAN
SURFACE: NEW TASK TRAINING (48.27)

TASK	CONDUCTED BY (JOB TITLE)	METHODS AND MATERIALS FOR INSTRUCTION IN SAFE OPERATING PROCEDURES	PERIOD OF PRACTICE AND/OR SUPV. OPER.	EVALUATION METHODS
General Laborer	Supervisor experienced in task or experienced operator or qualified trainer	and supervised practice during non-production and production periods. Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	instructor Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Water Treatment Operator	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration
Supervisor	Supervisor experienced in task or experienced operator or qualified trainer	Using a course outline or company JSA or SWI's, instruct the miner in the health and safety aspects and the safe operating procedures related to the assigned tasks which will be given in an on-the-job environment and shall include demonstration and supervised practice during nonproduction and production periods.	Until miner demonstrates safe operation procedures as determined by the supervisor or instructor	Oral response, demonstration

Miners assigned to a new task not covered in 48.7 (a) shall be instructed in the Safety & Health aspects & safe work procedures of the task, prior to performing such task.

Any person who controls or directs operations at a mine shall receive and complete training courses in safe haulage procedures related to the haulage system ventilation plan & firefighting procedures and emergency evacuation procedures in effect at the mine before assignment to such duties.

Miners assigned a new task not covered in paragraph (a) of this section shall be instructed in the safety and health aspects and safe work procedures of the task, prior to performing such task.

PART 48 B TRAINING PLAN
SURFACE - ANNUAL REFRESHER TRAINING FOR SURFACE MINERS (48.28)

HOURS	SUBJECT	OBJECTIVE	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
0.5	Mandatory Health and Safety Standards	Instructions in the mandatory health and safety standard requirements which are related to the miners tasks.	Lecture, Discussion Computer Module	Operator safety procedures and policies, 30 CFR Part 70 & 71	Written test or question/answer session
0.5	Transportation controls and communication systems	Instruction on the procedures in effect for riding on and in mine conveyances; the controls for the transportation of miners and materials; and the use of the mine communication systems, warning signals and fire fighting procedures.	Lecture, Discussion Computer Module	30 CFR Part 77 Company procedures and policies	Written test or question/answer session
1.00	Escapeway & Emergency Evacuation; Fire warning & firefighting	Review of the mine escape system, and escape and emergency evacuation plans in effect at the mine; and instruction in the fire warning signals and fire fighting procedures.	Lecture, Discussion Computer Module	Company procedures and MSHA approved evacuation plan	Written test or question/answer session
0.5	Ground control, highwalls, water hazards, spoil bank areas; night work	Introduction to and instruction on the highwall and ground control plans in effect at the mine; procedures for working safely in areas of highwalls, water hazards, pits and spoil banks; the illumination of work areas; and safe work procedures during the hours of darkness.	Lecture with visual aids Computer Module	MSHA approved Ground control plans. Company policies and rules	Written test or question/answer session
2.5	First Aid	Instruction and/or demonstration on MSHA approved first aid methods.	Lecture, demonstration Computer Module	First aid supplies and visual aids	Oral response and/or demonstration question/answer session
0.5	Electrical Hazards	Instruction on recognition and avoidance of electrical hazards.	Lecture with visual aids On Line Training	Electrical accidents and citations,	Written test or question/answer session
1.0	Prevention of Accidents	Review of accidents and causes of accidents, and instruction in accident prevention in the work environment.	Lecture with visual aids Computer Module	Mine accidents	Question/answer session

PART 48 B TRAINING PLAN
SURFACE - ANNUAL REFRESHER TRAINING FOR SURFACE MINERS (48.28)

HOURS	SUBJECT	OBJECTIVE	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
0.75	Health	Instruction on the purpose of taking dust measurements, and noise and other health measurements and any health control plan in effect at the mine will be explained. The health provisions of the Act and warning labels and HAZCOM program shall also be explained.	Lecture with visual aids Computer Module	30 CFR Part 71 The Act, Health plan in effect HAZCOM program	Question/answer session
	Explosives	NA			
0.75	Self-Rescuer and respiratory devices	Instruction and demonstration in the use, care and maintenance of self-rescuer and respiratory devices, where applicable.	Lecture with visual aids Computer Module	Manufacturer's instructions, Respiratory and Self-rescue devices	Written test or question/answer session

Predicted time and length of each session of training is: Eight (8) hours or training with no session lasting less than 30 minutes.
Course material and time may vary to obtain the most effective results.

FILE NAME: Spruce Fork (48.28)

TRAINING PLAN FOR TRAINING AND RETRAINING CERTIFIED
AND QUALIFIED PERSONS WORKING AT UNDERGROUND COAL MINES
PART 75

MINING SAFETY AND
HEALTH ADMINISTRATION
MORGANTHAU, WV

2003 NOV 24 PM 1:16

1. COMPANY NAME -
ADDRESS -

ANKER WV MINING CO., INC.
RT. 9 BOX 507
BUCKHANNON, WV 26201

MINE NAME -
SAGO MINE
MSHA ID NO. - 46-08791

RECEIVED

2. PERSON RESPONSIBLE FOR HEALTH AND SAFETY TRAINING AT THE MINE:

JOHN B. STEMPLER JR.

SAFETY MANAGER

472-8602

NAME

POSITION

TELEPHONE

3. MSHA APPROVED INSTRUCTOR(S)

JOHN B. STEMPLER JR.

SOCIAL SECURITY NOS.

[6]

COURSE(S) QUALIFIED TO TEACH

IU, IS

4. PREDICTED DATES AND TIMES OF ANNUAL TRAINING: REGULAR WORKDAYS AND/OR SATURDAYS, CORRESPONDING TO MINERS' EMPLOYMENT OR RETRAINING ANNIVERSARY DATE

5. LOCATION(S) WHERE TRAINING WILL BE GIVEN: SPRUCE FORK MINE NO. 1, BUCKHANNON, WV 26201
ANKER TRAINING CENTER BUCKHANNON, WV OR UNDERGROUND SECTION

6. APPROXIMATE NUMBER OF MINERS EMPLOYED - 105. MAXIMUM NO. OF TRAINEES PER SESSION - 20 TO 25.

7. NUMBER OF CERTIFIED EMPLOYEES - 37 NUMBER OF QUALIFIED EMPLOYEES - 59

8. HAS THE MINERS' REPRESENTATIVE BEEN FURNISHED A COPY OF THE TRAINING PLAN OR HAS IT BEEN POSTED ON THE BULLETIN BOARD TWO WEEKS PRIOR TO SUBMISSION? - POSTED ON BULLETIN BOARD TWO WEEKS PRIOR TO SUBMISSION

FILE NAME: Spruce Fork PART 75 Cover Sheet

COMPANY OFFICIAL/TITLE

